

ENFP: Extraverted, Intuitive, Feeling, Perceiving

An Overview of the Champion Personality Type

People with an ENFP personality type are often described as enthusiastic, charismatic, charming, energetic, and independent. ENFPs are also creative, so they typically do best in situations where they have the freedom to create and innovate.

There are two subtypes of ENFPs: ENFP-A and ENFP-T.

- ENFP-A: Someone who is an ENFP-A is also known as an "Assertive Campaigner." This ENFP subtype tends to be more confident and has more emotional control in their relationships.
- ENFP-T: ENFP-Ts are known as "Turbulent Campaigners" and often have less confidence and less emotional control, also experiencing more anxiety when dealing with everyday stress.

Key ENFP Characteristics

Having an ENFP personality means that you likely have the following strengths and weaknesses:

- ENFPs have excellent people skills. In addition to having an abundance of enthusiasm, they genuinely care about others and are good at understanding what people are feeling. This can make them attractive to be around.
- Given their zeal, charisma, and creativity, ENFPs can make great leaders. They are flexible and like to keep their options open. ENFPs can be spontaneous and highly adaptable to change.
- People with an ENFP personality type strongly dislike routine and prefer to focus on the future. They can become easily distracted, particularly when working on something that seems boring or uninspiring.
- While ENFPs are great at generating new ideas, their weaknesses can include putting off important tasks until the last minute and being disorganized. Dreaming up ideas but not seeing them through to completion is a common issue for an ENFP.

Strengths

- Warm and enthusiastic
- Empathetic and caring
- Strong people skills
- Strong communication skills
- Fun and spontaneous
- Highly creative

Weaknesses

- Needs approval from others
- Disorganized
- Tends to get stressed out easily
- Can be overly emotional
- Overthinks
- Struggles to follow rules

ENFPs You Might Know

- Ellen DeGeneres
- Mark Twain
- Meg Ryan
- Oliver Stone
- Quentin Tarantino
- RM (Rap Monster)
- Robin Williams

- Salvador Dali
- Sandra Bullock

Career Paths for an ENFP

People with an ENFP personality do best in jobs that offer a lot of flexibility. Because they are empathetic and interested in people, ENFPs also do well in service-oriented careers. They may benefit from avoiding careers that involve completing a lot of detailed, routine tasks.

Popular ENFP Careers

- Actor
- Art Director
- Artist
- Counselor
- Designer
- Dietitian/Nutritionist
- Diplomat
- Editor
- Entrepreneur
- Human Resources Manager
- Journalist
- Lawyer / Attorney
- Marketer
- Massage Therapist
- Merchandise Planner
- Musician
- Newscaster
- Nurse
- Nutritionist
- Occupational Therapist
- Painter
- Politician
- Project Manager
- Psychologist
- Public Relations
- Researcher / Scientist
- Social Scientist
- Social Worker
- Teacher/Professor
- Technical Specialist
- TV Anchor/Reporter
- Trainer
- Writer