# ISFP: Introverted, Sensing, Feeling, Perceiving

An Overview of the Artist Personality Type

People with an ISFP personality have Introverted, Observant, Feeling, and Prospecting personality traits. Unlike extroverts, who *gain* energy from interacting with other people, introverts must *expend* energy around others.

# **Key ISFP Characteristics**

### **ISFP Strengths**

Positive attributes of ISFPs include:

- A peaceful, caring, and considerate nature. They're kind, friendly, and sensitive, with an easygoing attitude. They tend to accept other people as they are.
- Great attention to detail. Their quiet calmness lends itself to tasks that require care and focus.
- Focus on the present. They spend more time thinking about the here and now than worrying about the future.
- Diligence. They tend to be doers rather than dreamers.
- Practicality. ISFPs don't do well with abstract theories unless they can see some type of practical application. They excel at projects and in learning situations that involve hands-on activity.

### **ISFP Weaknesses**

As with all personality types, the positive traits of ISFPs have another side:

- Indecisiveness. They like to keep their options open, so they often delay making decisions to see if things change or new options arise.
- Trouble with abstract ideas. ISFPs don't do well with abstract theories unless they can see some type of practical application. They prefer learning situations that involve gaining hands-on experience.
- Avoidance of conflict. Although this can be a positive in many situations, it also means they tend to bury issues rather than deal with them head-on.
- Introversion. They typically need space and "alone time" after interacting with others.

### Strengths

- Very aware of their environment
- Practical
- Enjoys hands-on learning
- Loyal to values and beliefs

### Weaknesses

- Dislikes abstract, theoretical information
- Reserved and quiet
- Strong need for personal space
- Dislikes arguments and conflict

### **ISFPs You Might Know**

- Auguste Rodin
- Avril Lavigne
- Brad Pitt
- Britney Spears
- David Beckham
- Frida Kahlo

- Jungkook
- Kevin Costner
- Lana Del Rey
- Michael Jackson
- Neil Simon
- Rihanna
- Steven Spielberg

# **Career Paths**

People with ISFP personalities love animals and have a strong appreciation for nature. They may seek out jobs or hobbies that put them in contact with the outdoors and with animals.

Because ISFPs prefer to focus on the present, they often do well in careers that are concerned with practical, real-world problems. Jobs that offer a great deal of personal freedom and autonomy are especially appealing to ISFPs.

### **Popular ISFP Careers**

- Administrative Assistant
- Artist
- Chef
- Child Care
- Composer or musician
- Counselor
- Designer
- Mechanic
- Medical Staff
- Musician
- Naturalist
- Nurse

- Pediatrician
- Personal Service
- Physical Therapist
- Psychologist
- Social worker
- Teacher
- Technical Specialist
- Trainer
- Veterinarian
- Waiter/Waitress
- Writer